



# GUÍAS DE INTERÉS

**AESAN**

---

10/07/2025

- 
- Guidance on the implementation of Regulation N° 1924/2006
  - General scientific guidance for stakeholders on health claim applications (Revision 1).
  - Scientific and technical guidance for the preparation and presentation of a health claim application (Revision 3).| EFSA (europa.eu). (2021)
    - Scientific and technical guidance for the preparation and presentation of a health claim application (Revision 2) - EFSA-Q-2016-00285.
    - Scientific and technical guidance for the preparation and presentation of an application for authorisation of a health claim (revision 1) -(EFSA-Q-2007-066 and EFSA-Q-2011-00215
  - Scientific requirements for health claims related to physical performance (EFSA-Q-2010-01186).
  - Scientific requirements for health claims related to functions of the nervous system, including psychological functions (EFSA-Q-2010-01185).
  - Guidance on the scientific requirements for health claims related to appetite ratings, weight management, and blood glucose concentrations (EFSA-Q-2010-01183).
  - Guidance on the scientific requirements for health claims related to bone, joints, skin, and oral health (EFSA-Q-2010-01184).
  - Guidance for the scientific requirements for health claims related to antioxidants, oxidative damage and cardiovascular health (Revision 1). (2018).
  - Technical Report: Outcome of a public consultation on the draft guidance for the scientific requirements for health claims related to antioxidants, oxidative damage and cardiovascular health (2018).

- 
- Guidance on the scientific requirements for health claims related to antioxidants, oxidative damage and cardiovascular health (EFSA-Q-2010-01182).
  - Guidance on the scientific requirements for health claims related to gut and immune function (EFSA-Q-2010-01139).



MINISTERIO  
DE DERECHOS SOCIALES, CONSUMO  
Y AGENDA 2030



agencia  
española de  
seguridad  
alimentaria y  
nutrición