



Risk Assessment on Food Contact Materials

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The CHALLENGE OF packaging MATERIALS

Emerging materials

- Active materials
- Intelligent materials
- Natural materials
- Bio-based mat.

Several Materials

- PET (bottles, trays, films)
- Polyolefins (HDPE, LDPE, PP...)
- Multilayers, adhesives,...
- Aluminium, varnishes,...
- Paper, printing inks...
- Wax
- Silicones
- Cork
- wood

Potential migrants

- Monomers and additives
- Contaminants from the first use
- Contaminants from the collection system (cross cont.)
- Degradation compounds from additives and polymer
- NIAS (oligomers and others)
- Metals/organometallic compounds.....
- Pesticides
- Phytosterols...

SUSTAINABILITY

Mechanical recycling
Chemical recycling

Regulation 10/2011/EU on FCM&FCA
USP & EMA guidelines

FCM AND FOOD SAFETY

ARE THESE CONCEPTS COMPATIBLE?

- Leachables/migration lower than 0.15 ppb if the compounds are CMR
- Leachables/migration lower than 10 ppb for non authorized substances
- NIAS analyzed, declared and under control
- No toxic substances present
- All materials need to be evaluated

CRITICAL POINTS

- **> 10.000 POTENCIAL MIGRANTS from FCM**
- Identify all migrants
- Quantify all migrants
- Toxicity?
- Toxicity of mixtures?
- Identify the origin of migrants (**safety-by-design**)
- Responsibility of operator in the chain.

CONTROL IS ESSENTIAL!!

Substances of special concern from FCM

- Mineral oils: **MOAHs**
- Endocrine disruptors: (PFAS, PFOAS), surfactants, phthalates, bisphenol A, F, S... and derivatives,...
- Plasticisers
- PAHs (polyaromatic hidrocarbons)
- Oligomers.
- Microplastics and nanoplastics in food
- Nanomaterials/nanoparticles

Scientific evidences

- Migration of plasticisers (**phthalates**, ATBC, trimellitates, ESBO, ...)
- Migration of surfactants from adhesives used in multilayers (**surfynol**,...)
- Migration of oligomers (**BADGE**, ...polyamide oligomers, ...)
- Migration of Bisphenols (**BPA, BPS**,...)
- Migration of **primary aromatic amines** (PAAs)
- Migration of biocides: **triclosan**, BIT, MIT,CMIT (methylisothiazolinone, benzyl...chloromethyl...)
- Migration of **PFOAS/PFOAS**
- **Migration of MOAHs**
- **Migration of photoinitiators** (printing inks)

- **Endocrine disruptors**
- **Reprotoxicity/infertility**
- **Cancer**
- **Obesogens**
- **Allergies**
- **citotoxicity**

The weak signals

- Materials **should be used for the purpose** they were designed and sold
- NO evidence of influence of **Al** on Alzheimer. But SML for Al is 1 mg/Kg
- NO evidence of health affection from **WAX**
- Toxicity always studied for individual compounds, but **toxicity of mixtures is never studied**
- Migration of metals: ions?, organometals?, pure metals?
- **Bioavailability of migrants:** How is their behaviour in our body?

NIAS from PU adhesives in multilayer

[PET//FoilAl//PA//CPP]_{FCS}

	rt exact mass	Adduct	Compound Molecular Formula	Ethanol (10%) µg/Kg	Acetic acid (3%) µg/Kg	Ethanol (95%) µg/Kg
1	2.73_ 114.0922	[MNa] ⁺	Caprolactam C ₆ H ₁₁ NO	882 ± 44	1040 ± 170	1300 ± 127
2	3.05 257.0999	[MNa] ⁺	AA-DEG + H ₂ O (lineal ester) C ₁₀ H ₁₆ O ₅ + H ₂ O	nd	51.2 ± 10.1	nd
3	3.55 239.0905	[MNa] ⁺	AA-DEG (cyclic ester) C ₁₀ H ₁₆ O ₅	366 ± 38	57.9 ± 11.9	759 ± 72
4	4.93 237.1108	[MNa] ⁺	AA-NPG (cyclic ester) C ₁₁ H ₁₈ O ₄	1.98 ± 0.70	nd	1.50 ± 0.30
5	5.23 281.1380	[MNa] ⁺	AA-dHAE (C ₇) (cyclic ester) C ₁₃ H ₂₂ O ₅	344 ± 13	40.2 ± 10.0	687 ± 55
6	5.50 445.1492	[MNa] ⁺	PA-EG-AA-EG (cyclic ester) C ₁₈ H ₂₀ O ₈	34.8 ± 0.9	7.99 ± 1.36	45.5 ± 4.8
7	5.63 453.2098	[MNa] ⁺	AA-DEG-AA-NPG (cyclic ester) C ₂₁ H ₃₄ O ₉	25.7 ± 0.8	nd	25.1 ± 2.6
8	5.96 473.1801	[MNa] ⁺	PA-DEG-AA-NPG (cyclic ester) C ₂₃ H ₃₀ O ₉	38.8 ± 1.6	7.84 ± 1.52	60.1 ± 6.1

AA: adipic acid; PA: phthalic acid; DEG: diethylene glycol; NPG: neopentilglycol; EG: ethyleneglycol; dHAE: dihydroxyalkyl ether; nd: non detected

All lactones (cyclic esters) are CLASS III of toxicity according to CRAMER list

Lactones /NIAS should be [x] < 10 µg/Kg

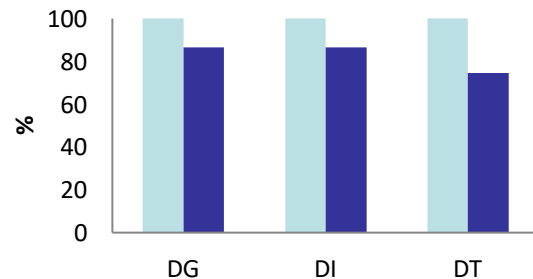
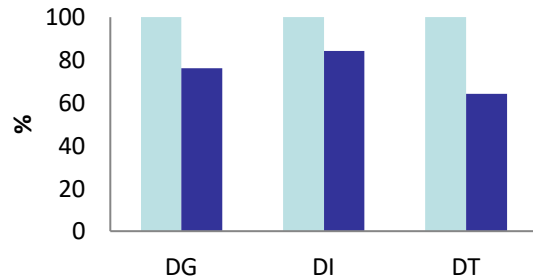
What happens with oligomers in our body?

- Behaviour of chemicals under similar conditions as those happening in the body (oral intake)
 - Gastric simulation
 - Intestinal simulation

Performance in Digestion

GASTRIC simulation:
HCl 0,07 M (pH ~1) , 37°C,
1-4 h

INTESTINAL Simulation:
Pancreatic extract
(KH₂PO₄, Taurocholate sodium ,
NaOH)
(pH a 7,5±0,1), 37°C, 1-4 h



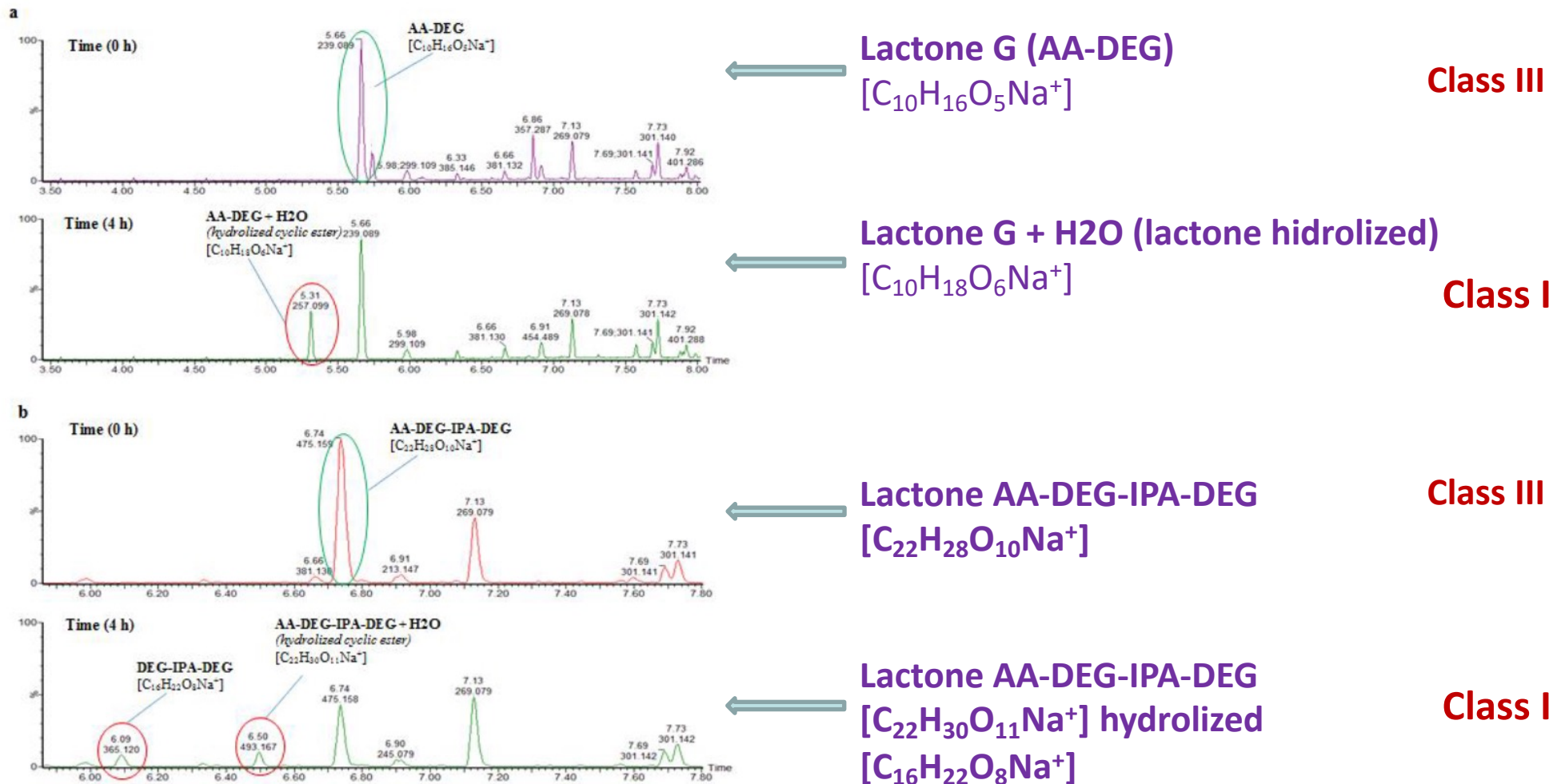
- **AA-DEG:**
 - Gastric Digestion : 24 % de disminución
 - Intestinal Digestion: 16 % de disminución
 - Total Digestion: 36 % de disminución

- **AA-DEG-IP-DEG**
 - Gastric digestion:: 14 % de disminución
 - Intestinal Digestion: 14 % de disminución
 - Total Digestion: 25% de disminución

None of them were 100% degraded during digestion

Results of Gastric Digestion

Time 0 and after 4 hours



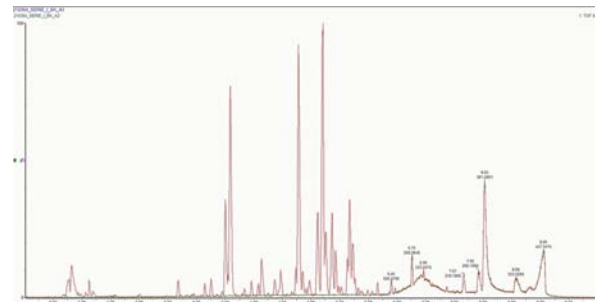
Emergent polymers

- **Wheat pulp and wood dishes are safe for single-use purposes**
- These materials contained **common additives found in plastic materials**
- Most of the migrants **detected from the bamboo utensils were melamine and its derivatives**
- Bamboo-based utensils tested **do not comply** with the EU legislation

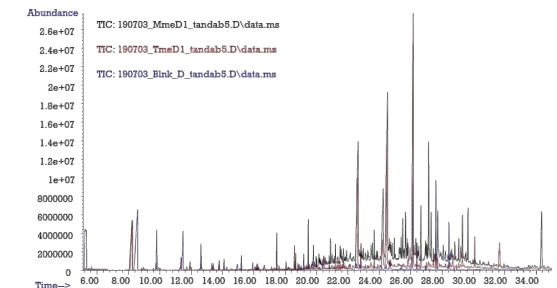


Migration studies
Directive (UE) 10/2011

Dry foods
Hydrophilic/acid foods
Lipophilic foods



Non-volatile compounds
UPLC-ESI-Q-TOF-MS



Volatile compounds
SPME-GC-MS

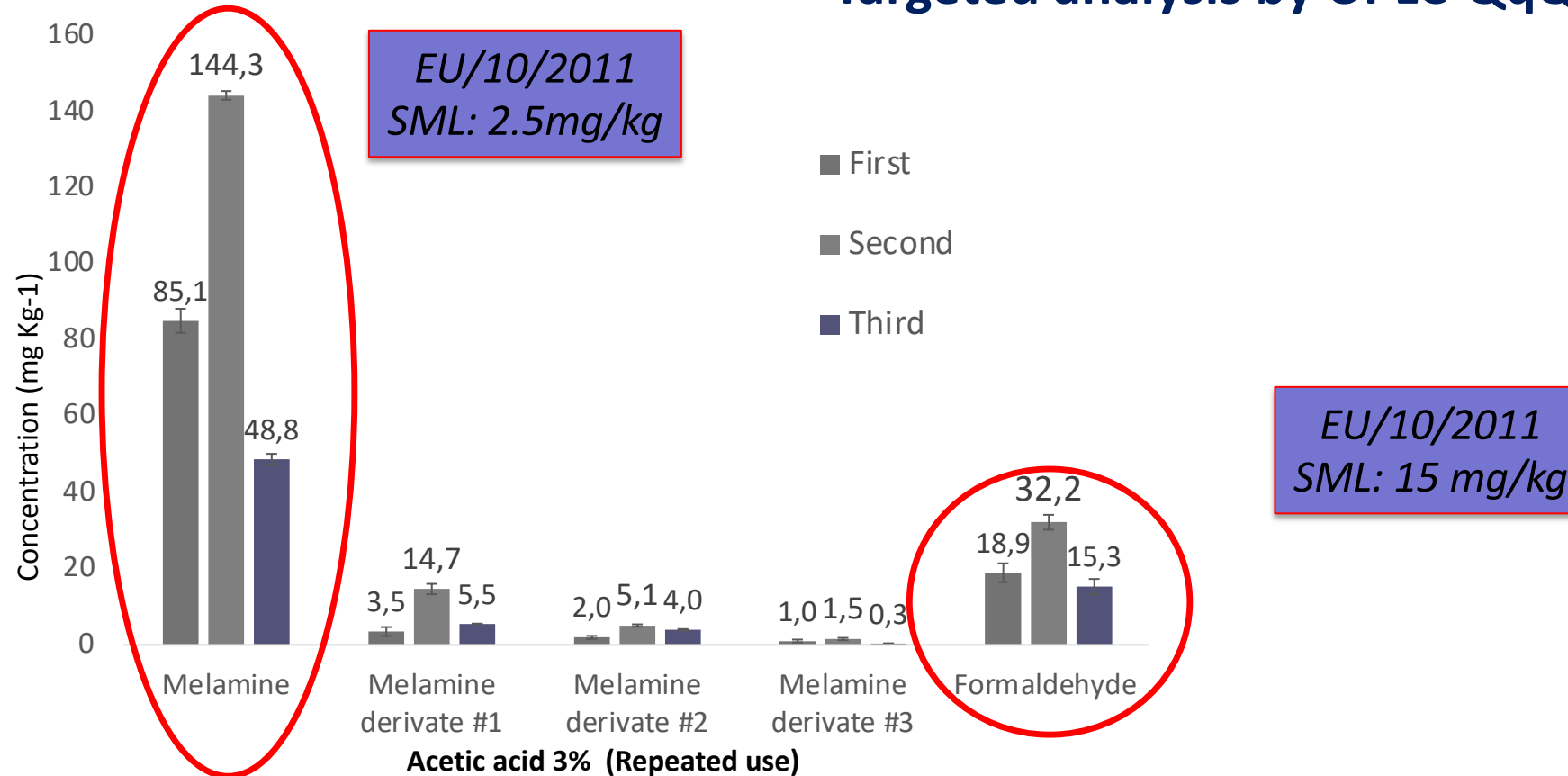
“Bamboo” kitchenware/tableware



Bamboo powder was used as filler in melamine

Quantification: Melamine and formaldehyde (3 sequential migrations)

Targeted analysis by UPLC-QqQ



Recycled materials

GUIA group

- > 450 compounds found in migration in mixed polyolefins, 39.2 % were food related and 24.1 % were found as saturated hydrocarbons, fatty acyls, or prenol lipids
- Some compounds exceeded their specific migration limits in polyolefins
- 265 substances were detected in migration in rHDPE milk bottles
- Washing the rHDPE twice and applying extra decontamination techniques reduced most chemicals detected, including two toxicity level V substances

Mixed polyolefins



Flakes

Pellets

rHDPE milk bottles



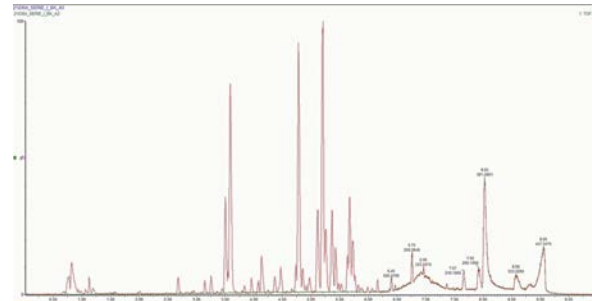
Flakes

Pellets

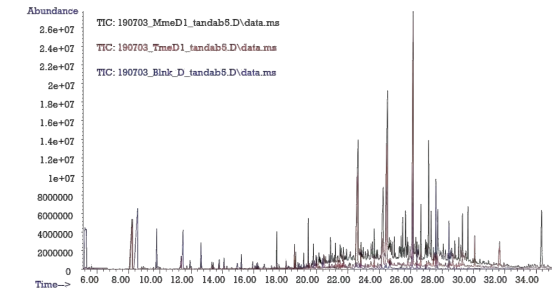
Migration studies

Directive (UE) 10/2011

Dry foods
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Non-volatile compounds
UPLC-ESI-Q-TOF-MS

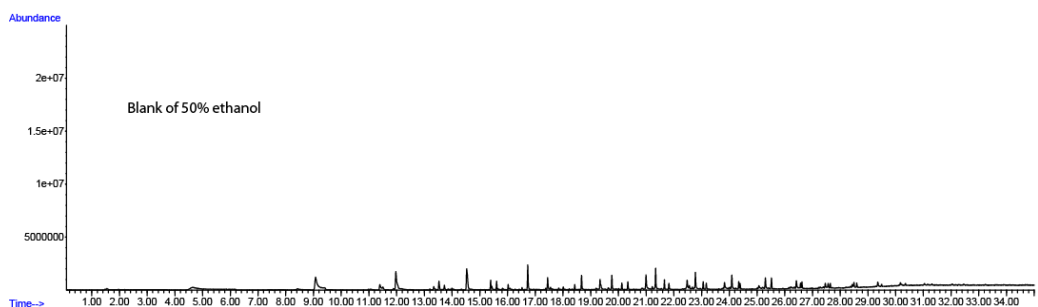
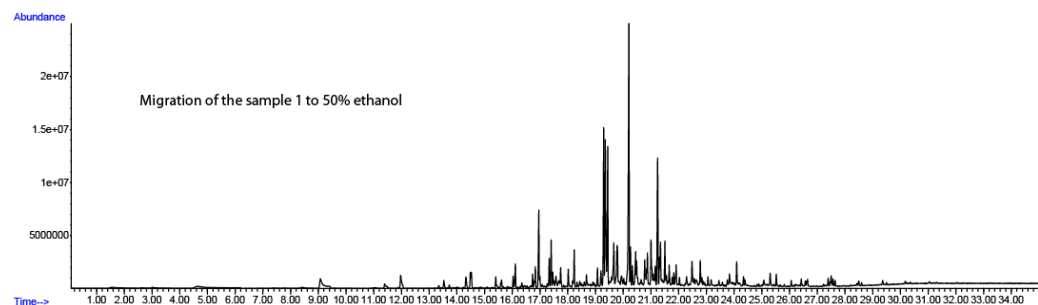


Volatile compounds
SPME-GC-MS

<https://doi.org/10.1021/acs.analchem.2c05389>

Su et al. Anal. Chem., 2023

Migration from rHDPE to milk

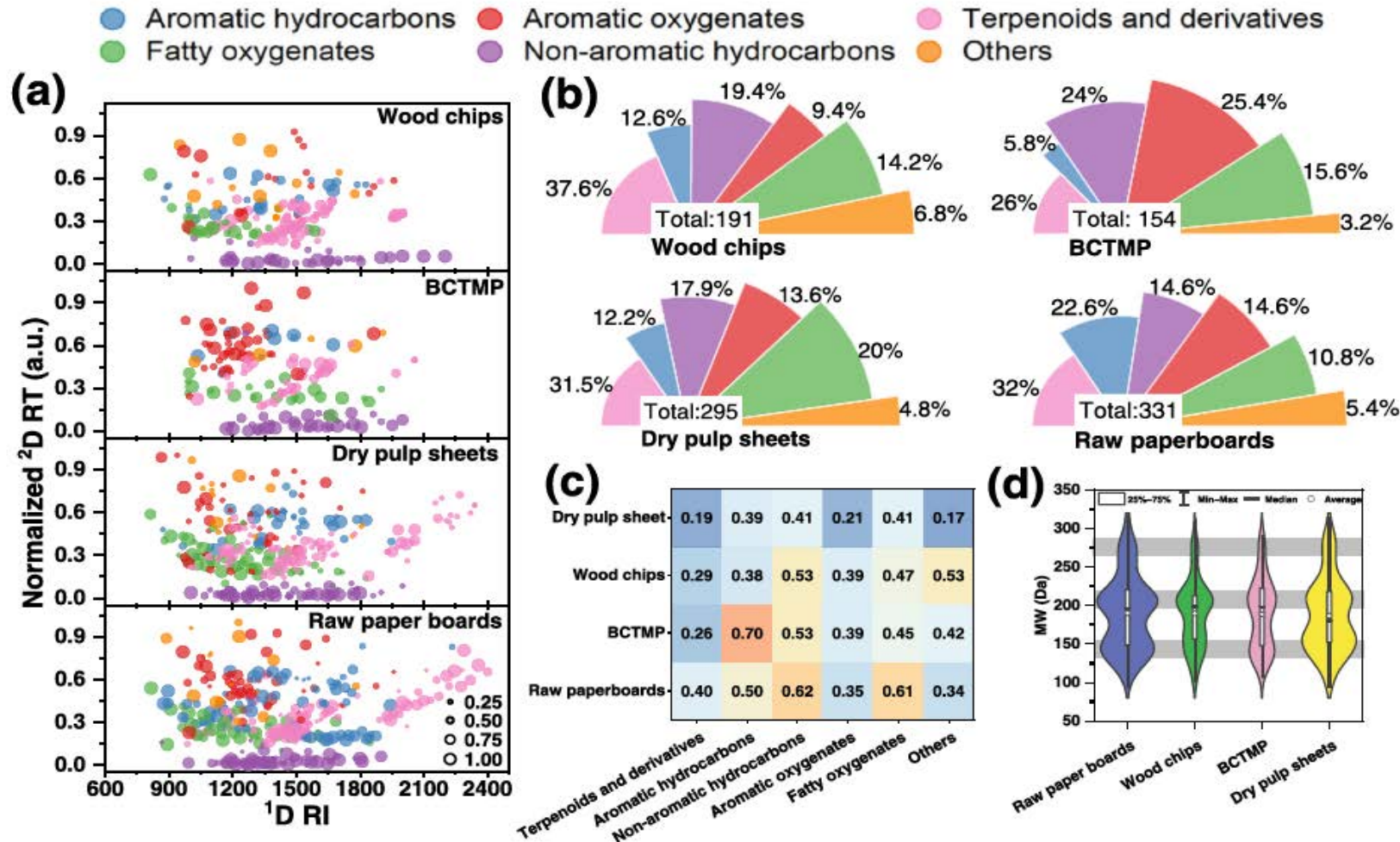


Nº	Compound	Migration to skimmed milk		Migration to soy milk		Migration to horchata		SML EU/10/ 2011 ng/g	Cramer toxicit y
		Sample 1	Sample 2	Sample 1	Sample 2	Sample 1	Sample 2		
4	Diphenyl ether	0.18±0.02	0.16±0.04	0.12±0.01	0.58±0.15	0.20±0.03	0.07±0.01		III
6	Naphthalene, 2-methoxy-	<2.76	<2.76	<0.78	<0.78	<0.78	<0.78		III
7	2,5-Cyclohexadiene-1,4-dione, 2,6-bis(1,1-dimethylethyl)-	0.26±0.01	<0.24	<0.24	<0.24	<0.24	<0.24		II
9	Butylated Hydroxytoluene	0.26±0.02	0.26±0.02	<0.22	0.24±0.02	<0.22	<0.22	3000	
10	2,4-Di-tert-butylphenol	<0.25	0.35±0.04	<0.25	<0.25	<0.25	<0.25		I
18	Dodecanoic acid, ethyl ester	<0.65	<0.65	<0.65	1.72±0.21	<0.65	<0.65		I
27	n-Hexyl salicylate	<1.18	<1.18	5.36±0.32	18.8±2.0	<1.18	<1.18		I

migration to 50% ethanol analyzed by HS-SPME-GC-MS

Migration to skimmed milk, soy milk and horchata

Volatile compounds found from paper



**BCTMP= Bleach
chemi-thermo-
mechanical pulp**

Origin:

- Natural/raw materials
- Process
- processing aids
- Functional additives (IAS)
- Degradation compounds

Bio-based polymers

- **21 volatile NIAS were determined** in a novel starch-base biopolymer
- **37 different compounds were detected** in PLA+PE biopolymer
- Intentionally added substances (**NIAS**): lubricants, plasticizers, slip agents, and antioxidants.
- **NIAS: oligomers**
- A re-formulation of the starch-based material is needed for foods with lipophilic character
- **Most of them are not compostable/biodegradable in the environment**



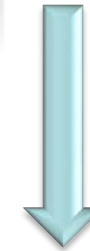
Starch-based
film



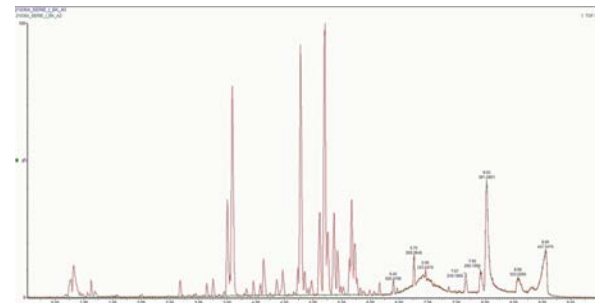
Polylactic acid
(PLA)+polyester film

Migration studies

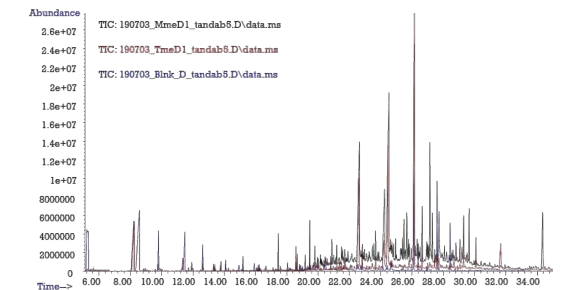
Directive (UE) 10/2011



Dry foods
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Non-volatile compounds
UPLC-ESI-Q-TOF-MS



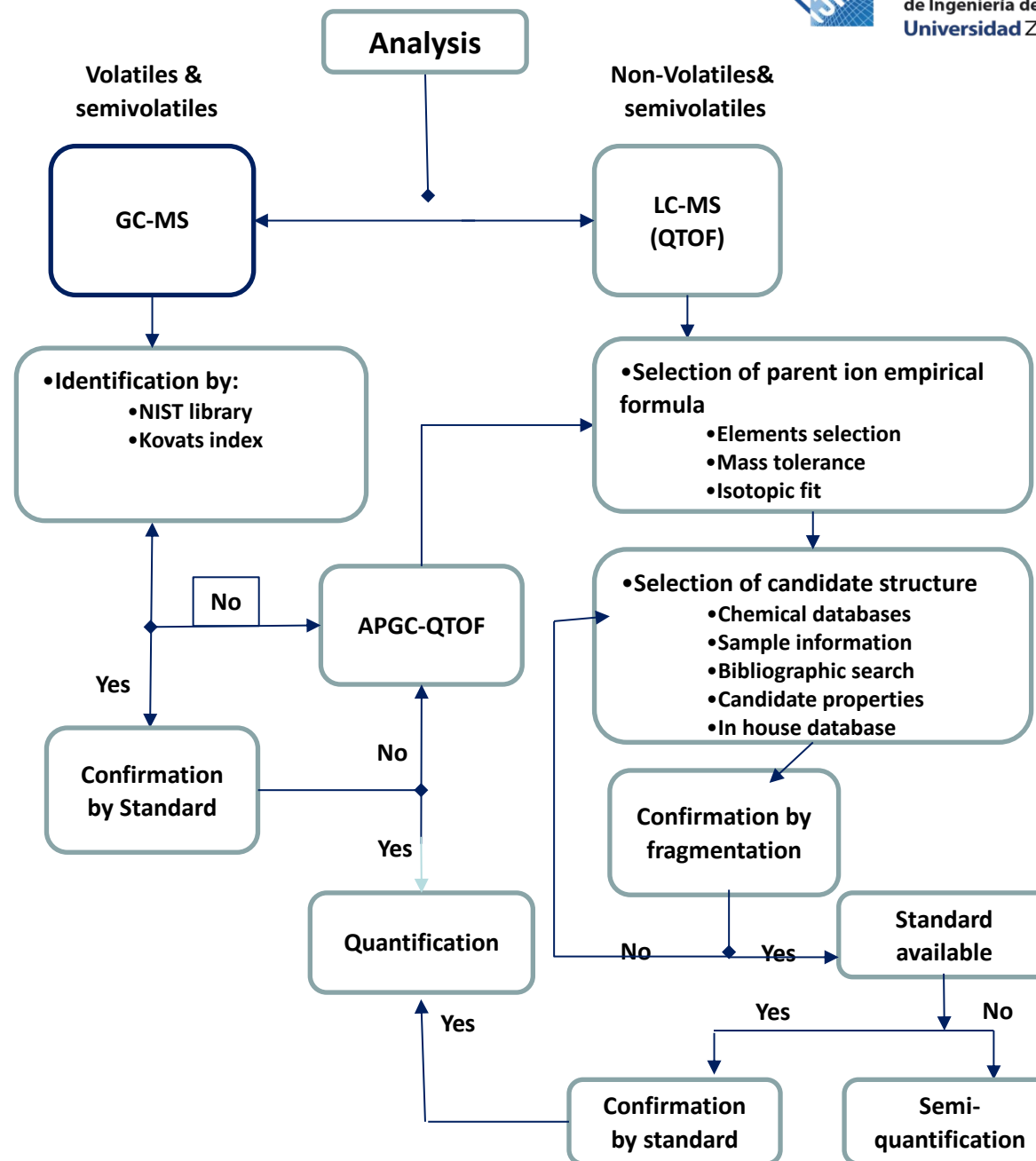
Volatile compounds
SPME-GC-MS

Decision tree for the analytical procedure in NIAS identification

Sample preparation



Screening Analysis



C. Nerin*, P. Alfaro, M. Aznar, C. Domeño
Anal. Chim. Acta. Volume 775, 2 May 2013, Pages 14–24
DOI:10.1016/j.aca.2013.02.028. 2013

C Nerin et al. Food Additives & Contaminants: Part A
DOI: 10.1080/19440049.2021.2012599

Limitations of screening

- **Many compounds aren't detected in the screening**
 - Mineral oils (MOHs, MOAHs)
 - Primary Aromatic Amines
 - Formaldehyde, acetaldehyde,...
 - Bisphenol A
 - Organotin compounds
 - BADGE-HCl and BADGE-diols
- **Absence of standards to confirm the identification & quantification**
- **Detection limits are not enough. 1-10 ppb is required for all migrants!**
- **Confidence limit of identification**

Identification using LIBRARIES

In-House library (UNIZAR) in UPLC-IMS-QTOF
Using certified/pure standards in our lab. Experimental CCS values

+

Prediction models for Retention time and CCS (developed in UNIZAR)

Mol file + RT + CCS

CPPdb (chemicals associated to plastic packaging) from Groh et al. DOI: [10.1016/j.scitotenv.2018.10.015](https://doi.org/10.1016/j.scitotenv.2018.10.015)
FCCdb (food contact chemicals database) from Groh et al. <https://doi.org/10.5281/zenodo.3240108>.

> 10,000 compounds with CCS and RT in the library

Song et al. J. Agric. Food Chem. 2022, 70, 9499–9508

In-House library (UNIZAR) in UPLC-QTOF-MS



In-house MS/MS library and *mspcompiler* R package which contains 449 and 172 food packaging associated chemicals in positive and negative mode has been built. It Will be in public domain and available in <https://zenodo.org/record/4454648>

Su et al. Anal. Chem, 2023

RISK ASSESSMENT OF NIAS

EUROPEAN LEGISLATION
(EU/10/2011)

NATIONAL
LEGISLATION

TOXICITY REPORTS

NO TOXICITY

DATA
Threshold of Toxicological Concern (TTC) approach
(not suitable for carcinogenic, mutagenic or reprotoxic
compounds)

CRAMER RULES

Threshold of Toxicological Concern

TOXICITY CLASIFICACION-Cramer rules (Toxtree v1.51)

Class I (Low)

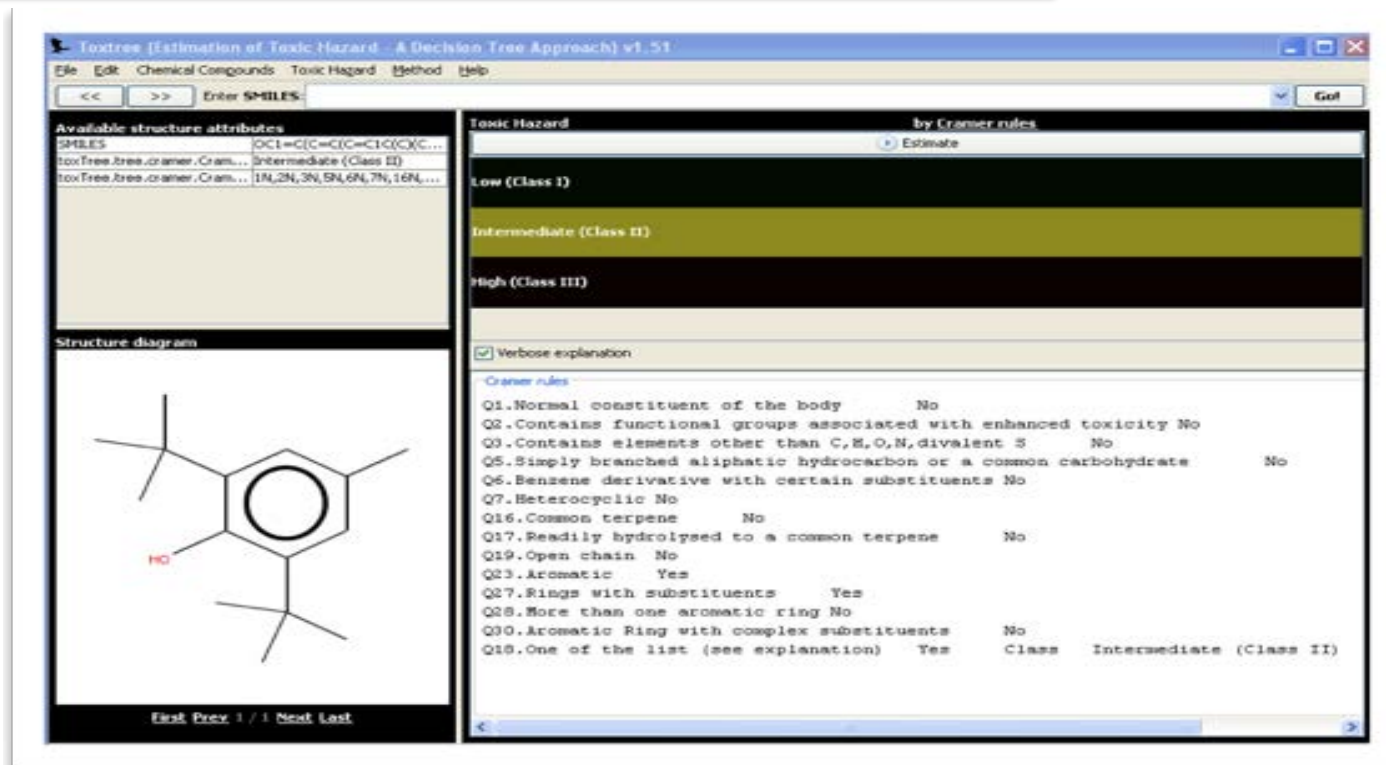
<1.8 mg/person/day

Class II (Medium)

<0.54 mg/person/day

Class III (High)

0.09 mg/person/day



The screenshot shows the Toxtree v1.51 interface. The 'Available structure attributes' panel lists SMILES, Cramer rules, and other attributes. The 'Structure diagram' panel shows a chemical structure of a substituted benzene ring with a hydroxyl group and two tert-butyl groups. The 'Toxic Hazard by Cramer rules' panel shows the classification: **Low (Class I)**. The 'Cramer rules' panel lists 18 questions (Q1-Q18) with their respective answers and the resulting classification: **Class Intermediate (Class II)**.

Question	Answer	Weight	Class
Q1. Normal constituent of the body	No		
Q2. Contains functional groups associated with enhanced toxicity	No		
Q3. Contains elements other than C, H, O, N, divalent S	No		
Q5. Simply branched aliphatic hydrocarbon or a common carbohydrate	No		
Q6. Benzene derivative with certain substituents	No		
Q7. Heterocyclic	No		
Q16. Common terpene	No		
Q17. Readily hydrolysed to a common terpene	No		
Q19. Open chain	No		
Q23. Aromatic	Yes		
Q27. Rings with substituents	Yes		
Q28. More than one aromatic ring	No		
Q30. Aromatic Ring with complex substituents	No		
Q18. One of the list (see explanation)	Yes		Class Intermediate (Class II)

$$\text{EDI (Estimated Daily Intake) (mg/person/day)} = \text{Mig (mg/Kg)} \times 3 \text{ Kg /day/person} \times \text{CF}$$

Harmonization of Risk Assessment and Risk Management

Risk = Hazard x exposure

- Risk = 0 doesn't exist
- What value could be accepted by legislators?
- What value could be accepted by consumers?
- What happens with the global food market?

Several considerations on Risk Assessment (in EU)

- The food (targets) is presumed to be **consumed daily by a 60 kg adult up to 1 kg, which is adjusted to 0.75 kg for children (5 kg body weight)**
- **Any unknown substance** (NIAS, residues) should be treated as potentially **genotoxic** (maximum exposure 0.0025 $\mu\text{g}/\text{kg}$ body weight/day)
- **Exposure only covers ingestion** via contamination **by plastic packaging; other materials exist** (papers, cardboard, elastomers, varnishes), and **other exposure sources** are possible through skin absorption and ingestion

Conclusions

- The number of migrants from packaging materials can be very high.
- Although Risk Assessment needs to be applied, clear definition of many details are missing.
- Exposure of all materials needs to be taken
- Identification of any migrant is required. Then, Databases and libraries as well as experience are extremely important for identifying the chemicals.
- HARMONIZATION OF RISK ASSESSMENT WORLDWIDE SHOULD BE DONE.

ILSI organizes a workshop 17th and 18th April 2024 in Brussels to discuss harmonization on RA&RM

Interesting References

- **An Overview** of Approaches for Analysing NIAS from different FCMS

<https://ilsa.eu/publication/an-overview-of-approaches-for-analysing-nias-from-different-fcms/>

- **Guidance** in selecting analytical techniques for identification and quantification of non-intentionally added substances (NIAS) in food contact materials (FCMS)

Food Addit Contam Part A Chem Anal Control Expo Risk Assess 2022 Mar;39(3):620-643.

doi: 10.1080/19440049.2021.2012599. Epub 2022 Jan 26.

R+D+i Projects

(the latest ones)

- **NATURALPACK (INTERREG)**
- **MIGRESIVES Project (EU, VI FP, Collective Research Project)**
- **NAFISPACK Project (EU, VII FP)**
- **SAFEMTECH (EU, IAPP, Marie Curie)**
- AGL-04363 and AGL- 2012-37886 (Spanish Ministry of R&D&i)
- 4 INNPACTO Projects (Spain)
- ACTIBIOPACK
- NANOFLEXIPACK
- AGL-2015
- RTI-2018
- (RTC2019-007161-2)
- TED2021-129138B-C21
- **PID2021-128089OB-I00**
- **FOODYPLAST (EU)**
- **POCTEFA-ALERT-PYR 2024-2027**
- Several Companies...

- Instituto de Investigación en Ingeniería de Aragón (I3A)
- Gobierno de Aragón
- Grupo GUIA (T53_23R) and Fondo Social Europeo



GUIA group, University of Zaragoza, Spain



Universidad
Zaragoza



Instituto Universitario de Investigación
de Ingeniería de Aragón
Universidad Zaragoza

Muchas gracias

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