



## EU activities related to food marketing to children

NAOS meeting Madrid 17<sup>th</sup> of June 2010 Philippe Roux Deputy Head of Unit - Health Determinants Public health and risk assessment Directorate European Commission





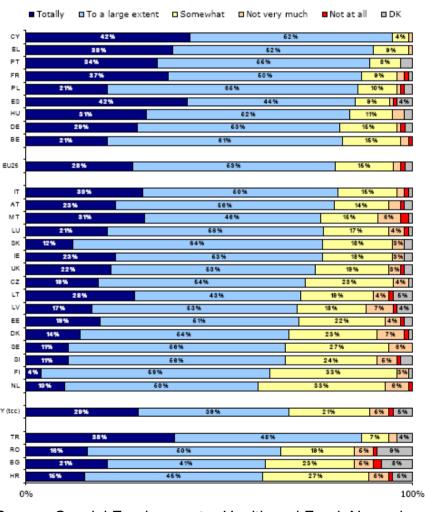
#### The presentation in short

- Advertising: a public health concern
- EU regulatory framework
- The EU Platform for action on Diet, Physical Activity and Health and Commitments on advertising and marketing
- EU Strategy Progress report in 2010





## Citizens are concerned by the influence of food advertising on children



#### **Strong consensus:**

96% of respondents consider that food advertising and promotion influences children's eating habits:

• 28%: predominant influence

• 53%: important influence

Source: Special Eurobarometer Health and Food, November 2006





#### An EU regulatory framework

- AVMD adopted on 11 December 2007 :
  - Legal framework covering all audiovisual media services, both traditional broadcasts and on-demand services (lighter regime)
  - a call for responsible self regulatory approach:





#### Self and Co-regulation

- Member States shall encourage coand/or self-regulation at national level
  - In the fields coordinated by the Directive (e.g. protection of minors, alcohol advertising)
  - to the extent permitted by their legal systems





# Codes of conduct – advertising of HFSS foods to children

- ➤ Obligation placed on Member States and the Commission
  - to encourage media service providers
    - to develop codes of conducts on advertising of fatty foods to children
  - > and to monitor and asses the fulfilment of this obligation





# Audiovisual Commercial Communication

*Art.* 1 (h)

"audiovisual commercial communication" means images with or without sound which are designed to promote, directly or indirectly, the goods, services or image of a natural or legal entity pursuing an economic activity. Such images accompany or are included in a programme in return for payment or for similar consideration or for self-promotional purposes. Forms of audiovisual commercial communication include, inter alia, television advertising, sponsorship, teleshopping and product placement.





# Qualitative rules applied to all audiovisual commercial communications

- 1) TVWF rules maintained as such, e.g.:
  - no encouragement to behave in a way prejudicial to health or safety
  - prohibition of av cc for cigarettes and other tobacco products
  - Prohibition of av cc for medicinal products
  - prohibition of av cc causing physical or moral detriment to minors
  - Rules on sponsorship
- 2) Amended rules of TVWF:
  - No discrimination based on sex, racial or ethnic origin, nationality etc.
  - No encouragement to behave in a way grossly prejudicial to the protection of environment
- 3) New rules:
  - Rules on Product Placement
  - Rules on codes of conduct on advertising of HFSS foods to children

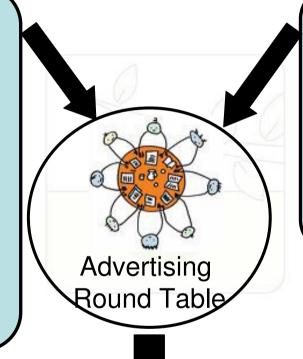




#### Stakeholders approach: code of conduct

#### Focused objectives – ad'hoc

- -Informing: structured debate around experiences of Self Regulation (SR) in advertising
- -Analysing: the key determinants of SR effectiveness ....a first step towards a Best Practice model



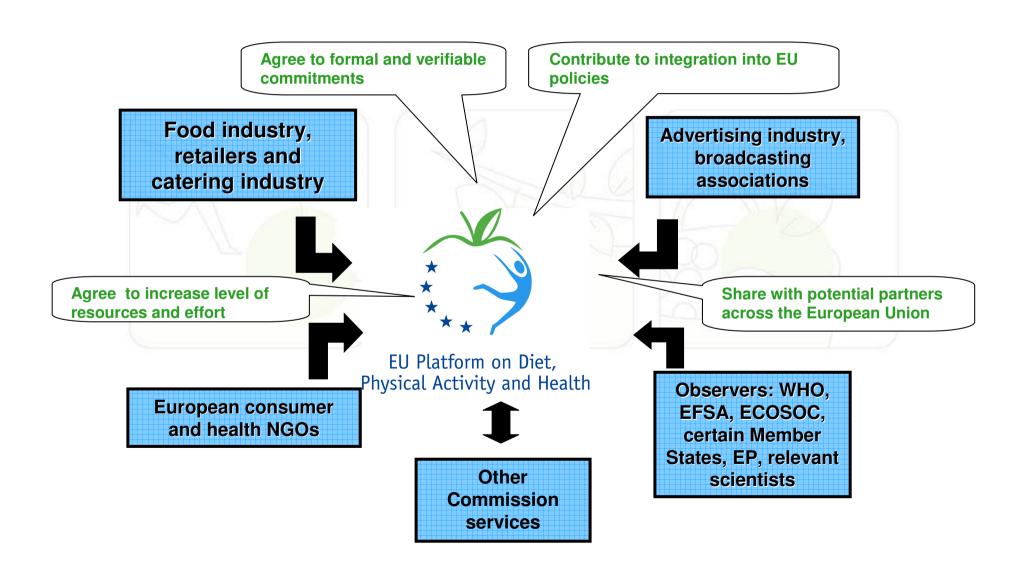
#### Manageable size

- -all concerned parties involved (EASA, SROs, relevant EU industry associations, BEUC, other DGs)
- -but remained limited in number (20)

Report published July 2006











## Commitments in the following areas:

- Consumer information, including labelling
- Education
- Physical activity promotion
- Marketing and advertising
- Composition of foods, availability of healthy food options, portion sizes





## Commitments on advertising and marketing (examples)

- **EGTA** Guidelines
- WFA's EU Pledge
- Unilever, monitoring exercise on advertising for food
- **BEUC** Advertising and marketing unhealthy foods to children in EU.POL Markt project
- **WFA** Strengthening advertising selfregulation across the EU27: setting up SROs and codes of conduct,





#### The EU Pledge

- Commitment to change food and beverage advertising on TV, print and internet to children under the age of 12 in the European Union.
  - The current participating companies are: -Burger King - Coca-Cola - Danone - Ferrero - General Mills - Kellogg - Kraft - Mars -Nestlé - PepsiCo - Unilever





#### Evaluation of Platform 2010

- External evaluation to be finalised by June 2010
- Case studies worth noting:
  - on advertising/marketing to children
  - on food/drink reformulation
- Integral part of EU Strategy Progress report due by end 2010





#### Main conclusions

- Self-regulation is <u>not an alternative to law</u>. On the contrary it works best within a clear legal framework that allows non-legislative approaches but also backs them up.
- Self-regulation needs to be <u>trusted</u> in order to be effective, and in order to be trusted it has to be participative.
- There is a need to support information gathering on MS initiatives.
- Guidance for monitoring and compliance is required
- WHO tool box is key
- Next Platform case study outcomes + Strategy report.





### **Thank You**

http://ec.europa.eu/dgs/health\_consumer/index\_en.htm